FREE RBT STUDY SHEET · 2026 EXAM

RBT Mock Exam Practice Set: 20 Questions With Answer Key

This mock exam is designed as a simulation: twenty questions drawn from all six areas of the RBT task list, mixed together the way they may appear when you test. Take it in one sitting, without notes, and mark your answers before opening the key. Afterward, use the explanations to sort every miss by section and by reason, such as a definition you forgot or a stem you misread. Repeat the simulation after a week of targeted review to see whether your errors are shrinking. Because the questions mix all six areas, the simulation also trains you to switch topics quickly, which is itself a skill worth practicing.

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Practice questions

Answer every question before you look at the key, then check yourself on the next pages.

1. An RBT notices that a newly added procedure keeps being implemented with errors. Which action should take priority?

- **A** Stop the part in question, follow safety steps, record what happened, and tell the supervisor right away.
- **B** Keep running the procedure as currently understood and practice it more during sessions until it feels right.
- **C** Wait for the supervisor to spot the issue in the data, since supervisors review data sheets regularly.
- **D** Promptly email the whole team for suggestions, then use whichever one most of the team agrees with.

2. To help Sofia greet a peer at the community center, the teaching team uses materials that are also found there. Which strategy is this?

- **A** Sequential modification, teaching directly in each new setting in turn
- **B** Indiscriminable contingencies, making reinforcement hard to predict
- **C** Positional prompting, placing the correct item closer to the learner
- **D** Programming common stimuli, bringing natural-setting cues into teaching

3. On each trial, the learner may select a puzzle or a squeeze ball but not both, and later trials offer other combinations of two items. What preference-assessment format is being implemented?

- **A** Multiple-stimulus with-replacement assessment
- **B** Paired-stimulus preference assessment
- **C** Multiple-stimulus without-replacement assessment
- **D** Free-operant preference assessment

4. Maya reliably raises a hand before speaking during training but not with a substitute teacher. What is the best next step for this program?

- **A** Add new examples gradually and reinforce responding to the relevant features
- **B** Mark the skill mastered, since the plan's criterion was met during training
- **C** Keep drilling with the original training examples until responding is perfect
- **D** Swap every training example for new ones starting with the next session

5. Mateo completes 14 of 18 original practice questions correctly during a mixed review set. Which percentage best summarizes the result?

- **A** About 68%
- **B** About 72%
- **C** About 78%
- **D** About 84%

6. Between sessions, the RBT is told that a speech therapist suggests adding a picture to the communication board. Which response best fits the RBT's role?

- **A** Reassure the person that the current plan is working well and that no change is needed for now.
- **B** Hold the input for the next quarterly plan review, when the whole program is discussed in full.
- **C** Right away, try a small change in session so the supervisor can later be told whether it helped.
- **D** Share the input with the supervisor soon, keeping it as close as possible to what the person actually said.

7. A clinic profile draft says RBT candidates can take the certification exam online at home. Nia is asked to review the wording before it is posted. Which edit is best?

- **A** Keep online-at-home testing
- **B** Say testing is in person
- **C** Say each clinic decides
- **D** Delete every exam detail

8. The RBT is preparing to use a new crisis-response step. Which supervision practice best fits this situation?

- **A** A description and demonstration, practice by the RBT with specific feedback, and a later observed session.
- **B** Solo role-play between sessions, a self-rating form, and feedback held until the yearly review.
- **C** A description and demonstration, repeated viewings of the supervisor using the step, and a check-in later.
- **D** A lecture on the step's rationale, a written quiz, and a checklist signed by the RBT before first use.

9. The plan identifies Leo's dropping to the floor as attention maintained. During the behavior, what implements attention extinction?

- **A** Pause the task demand until the learner has stopped the behavior
- **B** Calmly explain, while keeping everyone safe, why it is not okay
- **C** Redirect the learner with a preferred item after each occurrence
- **D** Withhold the attention that used to follow it, within safety rules

10. An RBT participates by conducting event recording during ordinary play, with no condition deliberately changed. Which assessment type is this?

- **A** Functional analysis
- **B** Preference assessment
- **C** Indirect assessment
- **D** Descriptive assessment

How would you score today? Take the free mock exam and see your weak task-list areas.

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11. The RBT notices that prompts are delivered in a different order than the plan. Why is it unsafe to judge the written plan solely from the outcome data?

- **A** The learner may have come to prefer the staff who deliver the reinforcement
- **B** The poor fidelity has already shown that the written plan is not effective
- **C** The staff's changes may have improved the plan in ways the data cannot show
- **D** Outcomes reflect the procedure as it was carried out, not as it was written

12. An online profile describes the RBT as a behavior analyst. What should the RBT do?

- **A** Leave the title as it is, since RBTs deliver behavior-analytic services and the public sees little difference.
- **B** Have the profile corrected to show the RBT credential, since the current title is a misrepresentation.
- **C** Keep the title on personal profiles, since credential rules cover work listings rather than personal pages.
- **D** Add "in training" after the title, since the qualifier makes the behavior analyst title accurate.

13. A neighbor asks the RBT whether a child seen entering the clinic is a client. What should the RBT do?

- **A** Decline to confirm or share anything, since client status and records require authorization to disclose.
- **B** Share general details if the person promises discretion, since a trusted listener limits the risk of harm.
- **C** Share the information without the client's name, since details without a name do not identify anyone.
- **D** Confirm basic facts but not treatment details, since confidentiality covers treatment rather than attendance.

14. Across sessions, a graph shows 30, 24, 20, 17, and 11. What is the overall direction?

- **A** An upward trend, as the values rise overall across the sessions
- **B** A low level, as the most recent values are the smallest in the series
- **C** No clear trend, as the amount of change differs from session to session
- **D** A downward trend, as the values fall overall across the sessions

15. A supervisor asks the RBT to bill for sessions while the RBT's certification is inactive. Which action is most appropriate?

- **A** Decline, document the request, and report it to the employer, since billing as an RBT requires active certification.
- **B** Bill the sessions under the supervisor's credential, since the supervisor holds responsibility for the case.
- **C** Provide the sessions and hold the billing until certification is active again, since late billing is allowed.
- **D** Follow the supervisor's direction, since the supervisor is responsible for billing decisions on the case.

16. The behavior need not be watched live because the RBT can inspect signed request forms later. What measurement method fits?

- **A** Scoring the lasting results of the behavior after it has occurred
- **B** Timing each episode from its onset to its offset while watching live
- **C** Marking each interval in which the behavior occurred at any point
- **D** Writing a narrative of the events before and after each response

17. A caregiver reports a medication change before session. What should the RBT do?

- **A** Diagnose side effects
- **B** Ignore if behavior improves
- **C** Change reinforcement schedules
- **D** Report relevant variable

18. A crisis begins during Sofia's session at the community center. What should the trained RBT do first?

- **A** Use the safety procedures in the learner's crisis plan as trained
- **B** Use a physical hold from general training, since safety comes first
- **C** Clear the room and leave the learner alone until the crisis ends
- **D** Offer the learner a preferred item so that the crisis ends quickly

19. The plan says Aisha earns one token immediately after matching identical pictures. The learner responds correctly. What should the RBT do?

- **A** Give two tokens this time to make the first success stand out
- **B** Save the token and deliver all earned tokens at the end of the task
- **C** Wait until the learner asks whether a token was earned, then give it
- **D** Deliver one token promptly and describe the behavior that earned it

20. Sofia earns tokens for greeting a peer, but tokens have stopped supporting responding. Which check is most important?

- **A** Verify that the token board stays posted where the learner can see it
- **B** Verify that praise is paired with each token at the moment it is given
- **C** Verify that tokens still reliably lead to exchange for preferred items
- **D** Verify whether the token schedule can be thinned to build persistence

Answer key and explanations

1. Correct answer: A · Stop the part in question, follow safety steps, record what happened, and tell the supervisor right away.

When training, data, or procedural concerns arise, the RBT seeks and prioritizes timely clinical direction. Safety and the written plan guide what can continue while clarification is obtained. When a task is beyond the RBT's training or competence, the supervisor should hear about it right away, and that conversation should be documented. Uncertainty is a signal to seek timely direction, not to improvise or conceal.

Task: E.2

2. Correct answer: D · Programming common stimuli, bringing natural-setting cues into teaching

Common stimuli shared by training and natural settings can cue the learned response in both places. Bring relevant natural cues into teaching and teaching cues into natural environments when appropriate.

Task: C.8

3. Correct answer: B · Paired-stimulus preference assessment

A paired-stimulus assessment presents two stimuli on each trial and compares selections across planned pairs. Two choices per trial signals a paired-stimulus assessment.

Task: B.1

4. Correct answer: A · Add new examples gradually and reinforce responding to the relevant features

Multiple exemplars can help the relevant relation control responding while maintaining a clear discrimination. Discrimination and generalization work together: teach the relevant difference across varied examples.

Task: C.6

5. Correct answer: C · About 78%

A.6 includes calculating and summarizing data; 14 divided by 18 is about 78%.

Task: A.6

6. Correct answer: D · Share the input with the supervisor soon, keeping it as close as possible to what the person actually said.

RBTs communicate intervention-team concerns and suggestions to their supervisor in a timely way. They do not independently redesign treatment or filter out information based on their own clinical judgment. Relay team input; do not independently turn it into a treatment change.

Task: E.1

7. Correct answer: B · Say testing is in person

The RBT Handbook says the exam is delivered in person, and RBT Ethics Code 2.0 standard 1.05 requires accurate credential and service-related statements.

Task: F.6

8. Correct answer: A · A description and demonstration, practice by the RBT with specific feedback, and a later observed session.

Effective supervision uses behavioral skills training (instructions, modeling, rehearsal, and feedback) and direct observation of service delivery, so performance can be practiced, evaluated, and improved. Good supervision is active: teach, model, rehearse, observe, and give feedback.

Task: F.4

9. Correct answer: D · Withhold the attention that used to follow it, within safety rules

Function-based extinction withholds the specific reinforcer that previously maintained behavior. Safety and the written protocol remain controlling. Extinction is function specific: withhold the maintaining reinforcer named in the plan.

Task: D.4

10. Correct answer: D · Descriptive assessment

Descriptive assessment observes behavior and environmental events as they naturally occur without systematic experimental manipulation. Direct naturalistic observation can suggest patterns, but it does not by itself prove a function.

Task: B.3

11. Correct answer: D · Outcomes reflect the procedure as it was carried out, not as it was written

When a procedure is not implemented as written, outcomes do not provide a fair test of that procedure. Before judging an intervention, ask whether it was implemented as written.

Task: A.8

12. Correct answer: B · Have the profile corrected to show the RBT credential, since the current title is a misrepresentation.

RBTs keep identifying client information off social media and websites (2.09), discuss client information only under their supervisor's direction (2.10), and avoid false, misleading, or exaggerated claims about their credentials or services (1.05). Keep clients off social media, and make only accurate claims about credentials and services.

Task: F.6

13. Correct answer: A · Decline to confirm or share anything, since client status and records require authorization to disclose.

RBTs protect client confidentiality in every setting and format by following BACB, employer, and legal requirements (2.08). They discuss client information only as their supervisor directs, unless the law allows it for a valid reason such as preventing harm, and share only what is necessary (2.10). Disclose only what is authorized and necessary, keep records secure and private, and treat even client status as confidential.

Task: F.5

14. Correct answer: D · A downward trend, as the values fall overall across the sessions

The values generally fall across successive observations, indicating a decreasing trend. Describe direction from the displayed data without claiming why it changed.

Task: A.7

15. Correct answer: A · Decline, document the request, and report it to the employer, since billing as an RBT requires active certification.

An RBT may practice only with a qualified (BCBA or BCaBA) supervisor on record for every client, receiving supervision for at least 5% of service hours each month, including two real-time contacts and one observation. Supervision noncompliance must be self-reported to the BACB, and inactive RBTs may not practice, bill, or represent themselves as active RBTs. Practice only with a qualified supervisor on record, meet the monthly requirements, and self-report any lapse.

Task: F.3

16. Correct answer: A · Scoring the lasting results of the behavior after it has occurred

Permanent-product recording measures a durable result left by behavior. A permanent product must be a measurable result that remains after the behavior.

Task: A.3

17. Correct answer: D · Report relevant variable

Variables that may affect progress should be reported promptly.

Task: E.3

18. Correct answer: A · Use the safety procedures in the learner's crisis plan as trained

Crisis responses must follow the client-specific written plan, the RBT's training, and immediate safety priorities. In a crisis, use only trained, authorized procedures from the client-specific plan.

Task: D.7

19. Correct answer: D · Deliver one token promptly and describe the behavior that earned it

Consistent, prompt token delivery makes the earning contingency clear and preserves treatment fidelity. Deliver the programmed number of tokens immediately and consistently.

Task: C.11

20. Correct answer: C · Verify that tokens still reliably lead to exchange for preferred items

Tokens retain value when they reliably lead to meaningful backup reinforcers. Preference and exchange access must remain current. Maintain a clear, reliable connection between conditioned and backup reinforcers.

Task: C.2

Study tips

- Sit the mock in one uninterrupted block, with no notes, to simulate test conditions.
- Record the reason for each miss: knowledge gap, misread stem, or second-guessing.
- Review the explanations before moving on, even for questions you answered correctly.
- Retake a mock after one week of targeted review rather than immediately, so you measure real improvement.

FAQ

Is this mock exam the same as the real RBT exam?

No. It is an independent practice simulation built from our own questions, and it does not reproduce the certifying body's exam.

How long should I spend on this mock?

Set a time limit that feels realistic for twenty questions, and keep the session uninterrupted. The exact timing on the real exam is in the official candidate handbook.

What score should I aim for?

This set does not define a passing score. Use your results to track progress by section and focus on the areas where you miss the most questions.

Turn this sheet into a real exam rehearsal

The free mock exam runs on the clock and shows which task-list areas still cost you points.

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