FREE RBT STUDY SHEET · 2026 EXAM

Supervision Requirements and RBT Responsibilities Practice

Supervision is central to the RBT role. An RBT works under a qualified supervisor, follows the supervisor's plans, and reports concerns and questions as they arise. This set covers questions about supervisory responsibilities, checking that a supervisor's credential is current, and how an RBT should respond when supervision is missing or unclear. Because supervision rules are set by the credentialing body and the employer, always confirm the current requirements in your own jurisdiction and agency before acting on any answer here. Treat each supervision item as a prompt to name who is responsible for the decision and what the written plan says.

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Practice questions

Answer every question before you look at the key, then check yourself on the next pages.

1. A supervisor gives the RBT corrective feedback during a rehearsal. Which response shows the strongest interpersonal skills?

- **A** Agree quickly to end the conversation, change nothing yet, and see whether the supervisor raises it again.
- **B** Apologize at length, ask to be moved off the case, and avoid the procedure until confidence returns.
- **C** Listen without defending, ask clarifying questions, and apply the corrected steps with supervisor input.
- **D** Explain why the original approach made sense, ask the supervisor to reconsider, and keep using it meanwhile.

2. A client's crisis plan uses protective equipment the RBT has never practiced with. What is the ethical next step?

- **A** Complete an online certificate course, file the certificate, and begin using the equipment next session.
- **B** Ask the caregiver how they use it, copy that method, and mention it at the next supervision meeting.
- **C** Read the equipment instructions carefully, practice alone at home, and use it with the client if a crisis occurs.
- **D** Tell the supervisor, practice with the equipment under supervision, and wait until competence is confirmed.

3. A supervisor asks an RBT to record whether Mateo sorts pictures by category during an assessment session. What is the RBT doing?

- **A** Assessing skills
- **B** Changing goals
- **C** Writing treatment
- **D** Analyzing function

4. The RBT's supervisor invites the RBT into a private financial partnership. How should the RBT proceed?

- **A** Join if the terms are written down, since a formal contract keeps the business and supervision separate.
- **B** Decline and, if pressed, report it to the supervisor's manager, since RBTs may not do business with their supervisor.
- **C** Agree because the supervisor proposed it, since a supervisor would not suggest something against the ethics rules.
- **D** Say yes but ask a coworker to witness the terms, since a witness protects both people from exploitation.

5. The session can proceed safely, but a caregiver requests a change to the reinforcement schedule. How should the RBT respond?

- **A** Promptly look up the issue in an ABA textbook and apply the approach that seems to fit best for now.
- **B** Save the question for the next treatment-plan update, when the supervisor revises the program.
- **C** Take the issue to the clinic director instead, since senior staff can settle it more quickly.
- **D** Stay with the plan as written and trained, note the issue, and alert the supervisor right away.

6. During pickup, a parent says the new morning routine is producing fewer refusals. What should the RBT do first?

- **A** Record the input accurately, including who raised it, and pass it along to the supervisor promptly.
- **B** Promptly adjust the intervention at the next session so that it reflects the input that was raised.
- **C** Decide first whether the input is clinically important, then share it with the supervisor promptly if so.
- **D** Refer the person who raised it to the BACB, since the certification board reviews concerns about services.

7. A reinforcer chosen by staff conflicts with one of the family's values. Which response demonstrates cultural humility?

- **A** Leave it to the supervisor to raise, since the family has not objected through the clinic's formal complaint process.
- **B** Ask a coworker from a similar background to explain it, since shared heritage makes a coworker a reliable guide.
- **C** Ask the family directly and tell the supervisor what is learned, since families are experts on their culture.
- **D** Adjust based on the RBT's own best guess, since raising cultural topics could make the family uncomfortable.

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8. At the supervisor's direction, the team uses ABC recording during typical transitions under naturally occurring conditions. How should this component be classified?

- **A** Preference assessment
- **B** Indirect assessment
- **C** Descriptive assessment
- **D** Functional analysis

9. A team email includes more client history than its recipients need. How should client information be protected?

- **A** Forward the material to a personal email, keep a backup copy, and ask the supervisor about it later.
- **B** Save a copy on a passcode-locked personal device, delete it later, and treat the lock as enough protection.
- **C** Keep just the needed data on approved systems, delete personal copies, and tell the supervisor promptly.
- **D** Remove the client's name, keep the remaining details, and share the file with the team as planned.

10. A speech therapist suggests a change to communication targets during team discussion. What should the RBT do?

- **A** Relay it to supervisor
- **B** Start the change now
- **C** Replace the data sheet
- **D** Promise target progress

11. Over several weeks, a caregiver gives the RBT four small gifts worth about $4 each. Which response follows the gift requirements?

- **A** Return all four gifts at once, stop discussing gifts with the family, and leave the supervisor out of it.
- **B** Accept the gifts, give the caregiver one of equal total value back, and keep the exchange balanced.
- **C** Thank the caregiver, explain kindly that gifts should not become a regular habit, and tell the supervisor.
- **D** Accept each gift, thank the caregiver warmly, and mention that small gifts are welcome every week.

12. The RBT asks for help with culturally responsive communication. Which training sequence is most effective?

- **A** A discussion of the topic, a recommended reading list, and a reflection paper reviewed the next month.
- **B** Discussion and modeling of the skill, role-play by the RBT with feedback, and follow-up observation.
- **C** Modeling by a caregiver, practice guided by the caregiver's feedback, and the caregiver's sign-off.
- **D** A general pep talk, a reminder to stay respectful, and independent practice with families afterward.

13. An RBT notices that a teaching example may not fit a learner's home language and asks the supervisor for culturally responsive materials. What is shown?

- **A** Cultural humility
- **B** Response cost
- **C** Duration recording
- **D** Token exchange

14. Maya is an active RBT. A new client plan includes a procedure she has not been trained to perform. Her certification dates are current. What should happen before she works on that procedure?

- **A** Use active status as approval
- **B** Use session consent as approval
- **C** Use old dates as approval
- **D** Confirm competence first

Answer key and explanations

1. Correct answer: C · Listen without defending, ask clarifying questions, and apply the corrected steps with supervisor input.

Professional RBT behavior includes accepting feedback and improving afterward (2.03), active listening, respectful collaboration, directing concerns about services to the supervisor (2.06), and reliable follow-through within the RBT role. Professional communication is curious and accountable, not defensive or boundaryless.

Task: F.9

2. Correct answer: D · Tell the supervisor, practice with the equipment under supervision, and wait until competence is confirmed.

RBTs provide services only after their supervisor confirms they have demonstrated competence (1.06) and do not use unfamiliar interventions without proper training (2.04). When asked to go beyond their competence, they tell the supervisor right away and document it; restrictive procedures also need a documented plan and supervisor-verified competence (2.05). Competence must be confirmed by the supervisor before service, not assumed after exposure.

Task: F.2

3. Correct answer: A · Assessing skills

The RBT is participating in assessment of a skill strength or deficit.

Task: B.2

4. Correct answer: B · Decline and, if pressed, report it to the supervisor's manager, since RBTs may not do business with their supervisor.

RBTs avoid multiple relationships with clients, stakeholders, coworkers, and supervisors, including people closely associated with a client. If one develops, they tell the supervisor immediately, work to resolve it, and document these actions; if it involves the supervisor, they report it to the supervisor's manager or HR and document that (1.10). The issue is risk and conflict—not simply whether two people meet outside session.

Task: F.7

5. Correct answer: D · Stay with the plan as written and trained, note the issue, and alert the supervisor right away.

When training, data, or procedural concerns arise, the RBT seeks and prioritizes timely clinical direction. Safety and the written plan guide what can continue while clarification is obtained. When a task is beyond the RBT's training or competence, the supervisor should hear about it right away, and that conversation should be documented. Uncertainty is a signal to seek timely direction, not to improvise or conceal.

Task: E.2

6. Correct answer: A · Record the input accurately, including who raised it, and pass it along to the supervisor promptly.

RBTs communicate intervention-team concerns and suggestions to their supervisor in a timely way. They do not independently redesign treatment or filter out information based on their own clinical judgment. Relay team input; do not independently turn it into a treatment change.

Task: E.1

7. Correct answer: C · Ask the family directly and tell the supervisor what is learned, since families are experts on their culture.

Cultural humility is ongoing self-evaluation, listening, and learning. RBTs work directly with their supervisor on cultural responsiveness and any needed training (1.07), and when a bias may affect services they take steps and document them (1.09), without assuming neutrality, avoiding discussion, or stereotyping. Cultural humility is a continuing practice of reflection, listening, and responsive learning.

Task: F.10

8. Correct answer: C · Descriptive assessment

Descriptive assessment observes behavior and environmental events as they naturally occur without systematic experimental manipulation. Direct naturalistic observation can suggest patterns, but it does not by itself prove a function.

Task: B.3

9. Correct answer: C · Keep just the needed data on approved systems, delete personal copies, and tell the supervisor promptly.

RBTs protect client confidentiality in every setting and format by following BACB, employer, and legal requirements (2.08). They discuss client information only as their supervisor directs, unless the law allows it for a valid reason such as preventing harm, and share only what is necessary (2.10). Disclose only what is authorized and necessary, keep records secure and private, and treat even client status as confidential.

Task: F.5

10. Correct answer: A · Relay it to supervisor

Intervention-team suggestions should be communicated to the supervisor.

Task: E.1

11. Correct answer: C · Thank the caregiver, explain kindly that gifts should not become a regular habit, and tell the supervisor.

RBTs do not give gifts to, or accept gifts from, clients, stakeholders, or supervisors worth more than US$10 (or the equivalent). An occasional thank-you within that limit is acceptable, ongoing gifts may become a violation if they turn into a regularly expected source of value, and a stricter employer policy is followed (1.11). Check each gift's value, whether gifts are becoming routine, and any stricter employer policy.

Task: F.8

12. Correct answer: B · Discussion and modeling of the skill, role-play by the RBT with feedback, and follow-up observation.

Effective supervision uses behavioral skills training (instructions, modeling, rehearsal, and feedback) and direct observation of service delivery, so performance can be practiced, evaluated, and improved. Good supervision is active: teach, model, rehearse, observe, and give feedback.

Task: F.4

13. Correct answer: A · Cultural humility

The RBT identifies a cultural variable and seeks appropriate guidance under Code 2.0 standard 1.07.

Task: F.10

14. Correct answer: D · Confirm competence first

RBT Ethics Code 2.0 standard 1.06 requires behavior-technician services only after supervisor-confirmed demonstrated competence.

Task: F.2

Study tips

- Know that an RBT should not provide services beyond what the supervisor has trained and approved.
- Check the supervisor's credential status before continuing with a plan, and report a lapse immediately.
- Bring unclear instructions to the supervisor instead of filling gaps with personal judgment.
- Track supervision contacts in a log so requirements are easy to show if asked.

FAQ

What should an RBT do if a supervisor's certification is inactive?

The RBT should stop and inform the appropriate people, such as the employer or supervisor, and not continue delivering services until the issue is resolved.

Can an RBT work without ongoing supervision?

No. RBTs practice under ongoing supervision, and the required frequency is set by the credentialing body and employer.

Does this set state the exact supervision hours?

No. Supervision requirements change, so confirm the current figures with the credentialing body's published standards and your employer.

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